

USING MCNs WITH NEWBORNS

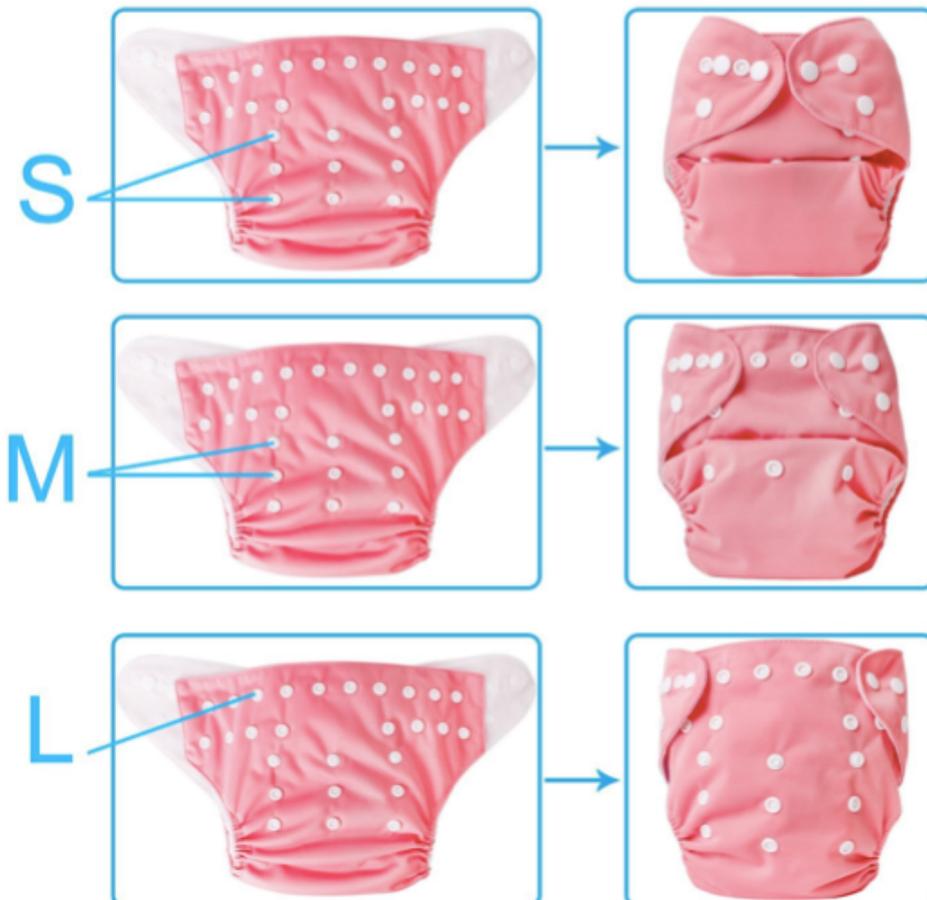
Congratulations!! Your long-awaited, much-loved baby has arrived and you have made the sensible decision to use cloth nappies, rather than disposables. Not only is this decision great for the environment, it is the best for the wellbeing of your child and for your budget.



Don't let other people put you off. Caring for your cloth nappies is simple and fun. You won't have any serious issues, we are sure. If you do have any questions, please contact us for the 24/7 support that we are happy to provide.

Here are a few helpful hints for using your cloth nappies with your newborn :

As long as your baby weighs about 3.5kg, fitting the nappies will be easy. Just remember that the nine snaps at the lower front of the nappy are to reduce the rise, if needed. For a newborn, reduce the rise (the distance from the waist to the waist, through the groin area) fully. As the baby grows, you can increase the rise on the nappy by half and eventually, completely. However, it is important that around the legs fits snugly, to prevent leakage. The girth can also be adjusted, again using the appropriate snaps, as your baby grows and puts on weight.



Normally, the inserts for the BabyBots nappies sit inside the nappy, waiting to absorb urine as it is released. Our flushable, bamboo liners may be placed on top of the nappy, between the the nappy and the baby. When a bowel movement occurs, just pick up the 'deposit' in the liner, place the parcel in the toilet, flush, the solids go off to be treated and the liner, being 100% biodegradable, will just dissolve to nothing.

These liners have been

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tested in both sewerage and septic systems and work extremely well in both.

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For newborns, please don't use the liners yet. Everything your baby produces, initially, is wet. The liners are designed to dissolve when wet and using them in these early stages is just a waste.

While your child is being breast-fed or bottle-fed only, place the insert on top of the bamboo fabric of the nappy so that it sits between the nappy and the child. This allows the insert to take the brunt of whatever is being produced. At nappy change time, you may like to run the insert under the running laundry tap to remove any excess deposits. Then place the soiled insert (and 'shell' if necessary) in the DRY NAPPY BUCKET, place the lid on, replace the insert with a fresh one and refit the shell.

Once solids are being introduced to the baby, at which time the faeces becomes more solid also, you may revert to placing the insert inside the nappy pocket and using liners, when required.

Remember that machine washing the contents of your nappy bucket, in cold water with half-strength Earth's Choice Laundry Liquid, should become part of your daily routine or it may happen every two days, at most. Leaving the bucket contents any longer than that, will allow bacteria to multiply, which is not ideal. If you are using a front loading machine, place one or two old towels in with the nappies to allow more water to fill the machine and to wash the nappies more effectively.

After washing, hang the nappies and inserts on the line for the sun to dry them. Please don't use a tumble dryer. The sun is a natural sanitiser so any shadows of stains, if they are visible, will be removed during the drying process in the sun. You may like to bring the dry nappies in, in the afternoon, while you have your baby in its pram in the garden, enjoying some fresh air.

And that's it !!! Very easy. Very simple. Very effective. You are now on your way to, really successfully, using cloth nappies. Well done !!

If you have any questions about this process, please don't hesitate to send us a message on Messenger. or by text. We will answer as soon as possible, but typically within a couple of hours.

Best wishes and enjoy your precious baby.

Ruth at BabyBots.