

CARING FOR YOUR MCNs

Congratulations on your BabyBots Modern Cloth Nappy (MCN) purchase. Here is some helpful information to enable your MCNs to reach their potential in absorbency, longevity and comfort.



Your new BabyBots nappies and inserts will continue to increase in absorbency for the first few washes. It is important that your new inserts are completely immersed in cold or warm (NOT hot) water for these washes. If you have a front loading washing machine that only uses a small amount of water, change the water level to high or add an old towel or two to the machine to provide more water for the wash.

The easiest first steps are, therefore, to soak the nappies and inserts overnight in a bucket of water or in a laundry tub, if you have a plug that seals well. Then cold wash and sun dry them three times. Now they are ready to be reliable workhorses.

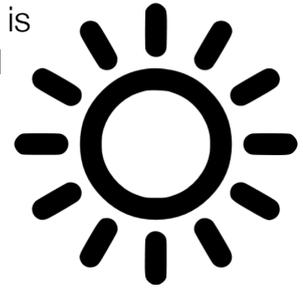
WASHING

- If soiled, simply empty the contents of the nappy into the toilet (or you can use a BabyBots 100% bio-degradable, flushable, bamboo liner for this, if you really don't like the mess.)
- BabyBots recommends the 'Dry Nappy Bucket' method to care for your nappies. Placing soiled and wet nappy 'shells' and inserts in a dry nappy bucket is a method of caring for nappies that does not involve any harsh bleaches or soaking, and is therefore gentle on your baby, your budget and the environment. DO NOT SOAK in water in the bucket as doing so will only encourage the growth of bacteria.
- BabyBots recommends washing nappies and inserts either daily or every second day. If your baby is teething or taking any medication such as paracetamol, his or her urine can be very acidic so, to dilute the urine concentration, we recommend rinsing your nappies and inserts in fresh water in your laundry tub then wringing them out, before putting them into the dry nappy bucket.
- For best results, give the nappy 'shells' and inserts a full wash (no soak) using approximately half the recommended amount of washing liquid such as Earth's Choice Laundry Liquid. Remember to use plenty of cold water. We recommend cold to 40°C, but never hotter than 60°C maximum as the heat will degrade the bamboo fabrics over time. DO NOT use soap based powders, such as Lux flakes, or any washing powders as they may contain fillers, fabric softeners or oxygen bleach.



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- Hanging the nappy shells and inserts on the line outside is recommended as the sun acts as a natural sanitiser and will draw out any stains, removing the need for traditional whiteners, brighteners and softeners.



IMPORTANT NOTES:

PLEASE DO NOT USE bleach, Napisan, fabric softeners, whiteners, washing powder with enzymes, vinegar or laundry additives when washing the nappies. The use of these will damage the waterproof lining as well as decrease the absorbency and effectiveness of the bamboo fabrics. In addition, the bamboo fabrics have their own natural antibacterial properties that will help keep the nappy from going mouldy.

Cheaper washing liquids are usually best, as they don't contain damaging additives. The one we recommend (without any financial gain for us) is Earth's Choice Laundry Liquid, used at half strength. It is reasonably priced (currently \$1.99 at Chemist Warehouse and \$2.29 at Woolworths), contains no softeners and bleaches, is made on a plant-based formula so does not damage the environment.

Hanging the washed nappies on the line in the sun will sanitise them to ensure all traces of urine and soiling have been removed, which is why no bleaching or soaking of them is required. Make sure they are rinsed well and no detergent residue remains. As the materials resist staining, you will find that, on the majority of occasions, the nappies will be completely stain-free after the cold wash. If, on the odd occasion, some slight staining is evident, simply hang the nappy on the line outside, as usual, and let the sun do its work. We have not had a nappy yet where small marks have not been removed after a couple of hours in the sun.

PLEASE DO NOT USE barrier creams on your baby's skin with the nappies as these may cause a water resistant build up on the nappies which may prevent them from working correctly AND they represent a waste of your money. Barrier creams are those which are oil based, such as Paw Paw Ointment, zinc or castor oil based creams. The inner stay-dry layer of BabyBots nappies will minimise the chance of nappy rash so, in most cases, you will not need a nappy cream. If your baby experiences nappy rash due to teething or illness, we recommend the use of water-based creams such as Savlon or powders such as Curash. Even with Savlon or Curash, it is best for your MCNs to also use a flushable liner.

If you have any further questions, please don't hesitate to contact us on Messenger.

Ruth at BabyBots.

<https://www.babybots.com.au>

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